# PAN ROASTED DUCK LEGS WITH BLACK CHERRY SAUCE



#### **INGREDIENTS**

### **Duck Legs**

2 Duck Legs

1 Tbs Cracked Black Pepper

1 Tbs Smoked Sea Salt

#### **Black Cherry Sauce**

1 cup black cherries 1 shallot, diced ½ cup red wine or grape juice 1/2 cup chicken stock 2 tbs butter

#### **DIRECTIONS**

# **Duck Legs**

Using a sharp knife, score the skin of duck legs.

Season legs generously on both sides with smoked sea salt and black pepper.

Place legs in a cold pan skin side down and heat to medium heat. This will allow fat to render out of skin and will make it crispy. Cook 5-7 minutes until skin starts to brown.

Place pan in oven heated to 400°F and roast 15-20 minutes.

Remove duck from pan and allow to rest 5-10 minutes.

# Black Cherry Sauce

Pour out all but 1 Tbs of rendered duck fat and return pan to stove over medium heat. See note.

Add shallot to pan and carmelize.

Add red wine/grape juice to pan and reduce by half.

Add cherries and cook for 1-2 minutes.

Add chicken stock and reduce until syrupy. Remove pan from heat.

Stir in butter to finish sauce. Serve over duck legs and enjoy.

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